NCCRA | North Carolina Cardiopulmonary Rehabilitation Association

COASTAL REGION

Meeting Agenda — Fall 2026

Friday, November 13 · NCCRA Coastal Fall Meeting

7:15 – 7:45	**Registration & Breakfast** — graciously sponsored by Zoll
7:45 – 8:00	**Welcome & Announcements** *Michelle Radtke, BSN, RN, CCRP*
8:00 – 9:00	**From Cardiac Arrest to Recovery: RCA STEMI and Right Ventricular Shock** *Sunil Iyer, MD, FACC*
9:00 – 9:30	**Break** — please visit our sponsors *Zoll · Advantage Fitness · Johnson&Johnson MedTech*
9:30 – 10:30	**Beyond Weight Loss: GLP-1 Receptor Agonists and the Evolving Management of Cardiovascular-Kidney-Metabolic Syndrome** *Glenn Herrington, PharmD, FACC, FHFSA, BCCP, CPP, HF-Cert*
10:30 – 11:30	**From Assessment to Action: Developing Exercise Prescriptions in Pulmonary Rehabilitation** *Meghan Peterson, MS, ACSM-CEP · Rebecca Frady, MS, ACSM-CEP*
11:30 – 12:30	**Lunch** — graciously sponsored by Advantage Fitness
12:30 – 1:30	**Obstructive Sleep Apnea and Cardiovascular Disease** *Susan McInnis, RN, MSN, FNP-C*
1:30 – 1:45	**Break** — snacks graciously sponsored by Johnson&Johnson MedTech
1:45 – 2:45	**Beyond the Hospital Protocol: Responding to Suicidal Ideation** *Matthew Whited, PhD, FSBM*
2:45 – 3:00	**Wrap-up & Meeting Evaluation**

This meeting is a free educational opportunity provided by the North Carolina Cardiopulmonary Rehabilitation Association.
Five (5) continuing education credits have been applied for through the American Association of Cardiovascular and Pulmonary Rehabilitation.