

NCCRA Piedmont Regional Fall Meeting



Friday, October 9, 2026

Registration and light breakfast 730-800 am

Presentations 800 am-430 pm

Lunch will be provided at 1130 am

Location:

Cone Health at Moses H. Cone Memorial Hospital
Rm NT102 (Main Entrance, Elevators Down 1 Floor)
Parking Garage Entrance A 1121 N. Church Street Greensboro
Please Park closer to top of deck

Topics	Presenters
The Power of Lived Experience: A Heart Survivor's Journey to Advocacy	Danielle Poole
Maintaining Presence in Chaos	Colin Cowne MEd
From Survival Mode to Recovery: Understanding the Physiology of Burnout and Evidence-Based Recovery for Healthcare Professionals	Jennifer Brigman, MS/EdS, LCMHC-S, BSN, RN
PCNA Chapter Meeting ATTR-CM and Treatment with Attruby	Meredith Craven, BSN, RN BridgeBio
The Obesity Crisis: Current Trends and Management Updates	Dr. Bridgette Christopher
Strategies for Healthcare Professionals to Nourish Themselves While Managing Time and Cost	Lauren Haldeman, PhD
Bridging Oncology & Pulmonology: Mastering Pulmonary Rehabilitation in Lung Cancer Care	Dr. Fahid Alghanim

This meeting is a free educational opportunity provided by the
North Carolina Cardiopulmonary Rehabilitation Association

**Six continuing education credits have been applied for through the
American Association of Cardiovascular and Pulmonary Rehabilitation**

Please Register by Email to jessica.hawkins@conehealth.com by October 2, 2026