

April 17, 2026

Evening Social April 16

NORTH CAROLINA CARDIOPULMONARY REHABILITATION ASSOCIATION

Standards for Quality Cardiopulmonary Rehabilitation Programs Statewide



The North Carolina Cardiopulmonary Rehabilitation Association presents:

The Henry Miller and Paul Ribisl 46th Annual Symposium

**Unleashing the Potential of Our Programs,
Our Patients, and Ourselves**

**William & Ida Friday Center
100 Friday Center Drive
Chapel Hill, North Carolina 27517**



2026 NCCRA Symposium Agenda

Thursday, April 16th

6:30 pm-8:30 pm NCCRA Member Social (MUST RSVP with Registration) ALOFT

Friday, April 17th

7:15 am-8:00 am Registration, Breakfast, and Exhibits Atrium Center

8:00 am-8:05 am Welcome-Amy Birling, NCCRA President Redbud

8:05 am-9:15 am **MARLENE SIGLER MEMORIAL LECTURE**
Unleashing Your Incredible Potential:
The Power of Your Thoughts Redbud
Robyn Tiger MD, DipABLM, FACLM

9:15 am-10:15 am **Outperforming the Performance Measure:**
Adherence and Enrollment Redbud
Betsy Hart MS, ACSM-CEP, CCRP, CDCES, FAACVPR

10:15 am-10:30 am Break, Exhibits, and Vendor Displays Atrium Center

10:30 am-11:30 am Breakout Sessions
Lung Transplant Referrals and Optimization of the Patient Redbud
Jacob Klapper MD, FACS, M-Res
Cassie McGuirk PT, DPT, CCS
Jennifer Spivey RN, BSN

Understanding Generational Differences in the Workplace Sunflower
Colin Cowne M. Ed.

11:30 am-12:30 pm Breakout Sessions
Scientific Foundation for the 2025-2030 Dietary Guidelines Redbud
for Americans
Daisy Zamora Ph.D.

Closing the Revolving Door: Proven Strategies to Engage, Sunflower
Retain, and Empower Your Cardiopulmonary Team
Betsy Hart MS, ACSM-CEP, CCRP, CDCES, FAACVPR

12:30 pm-1:30 pm Lunch

1:30 pm-2:30 pm **Discipline Meetings**
Exercise Physiology—Addie Critcher, Chair Sunflower
Psychosocial/Mental Health—Matthew Whited, Chair Windflower
Nutrition—Judith Hinderlither, Chair Mountain Laurel
Nursing—Laurie Tester, Chair Redbud
Pulmonary/Respiratory—Connie Palladenech, Chair Bellflower

2:30pm-2:45 pm	Break, Exhibits, & Vendor Displays Last chance to complete passports for the drawings!	Atrium Center
2:45 pm-3:45 pm	Breakout Sessions	
	Cardiopulmonary Rehab Delivery with Limited Social Work/ Mental Health Specialist Support <i>Alberta Wallace MSW, M. Div., D. Min.</i>	Redbud
	The Clinical Exercise Physiologist: Creating a Tool-Kit for Healthcare Administrators <i>Ash Walker DHSc., MA, ACSM-RCEP, FAACVPR, FCEPA</i>	Sunflower
3:45 pm-4:45 pm	Lifestyle Rx for the Treatment of Heart Disease <i>Brian Asbill MD, FACC</i>	Redbud
4:45 pm-5:00 pm	Closing Remarks-Joel Tipton, 2026 NCCRA President	Redbud

7.0 CECs will be applied for through the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)

REGISTRATION

Please register online (under Events) at nccraonline.org.

Symposium Cost: Members \$150 Non-Members \$270

Students \$25

Members must log in to receive the discounted ticket price of \$150.

Discount will be applied at checkout.

Checks may be mailed to: NCCRA PO Box 6054 Hickory, NC 28603

Payment (cash or check) can be received at the registration table at the Symposium.

Hotel Accommodations

Aloft Chapel Hill for \$134.00 USD per night

Last Day to Book: Monday, March 16, 2026

Hotel Phone Number: 919-932-7772

[Book your group rate for NCCRA 2026 Symposium](#)

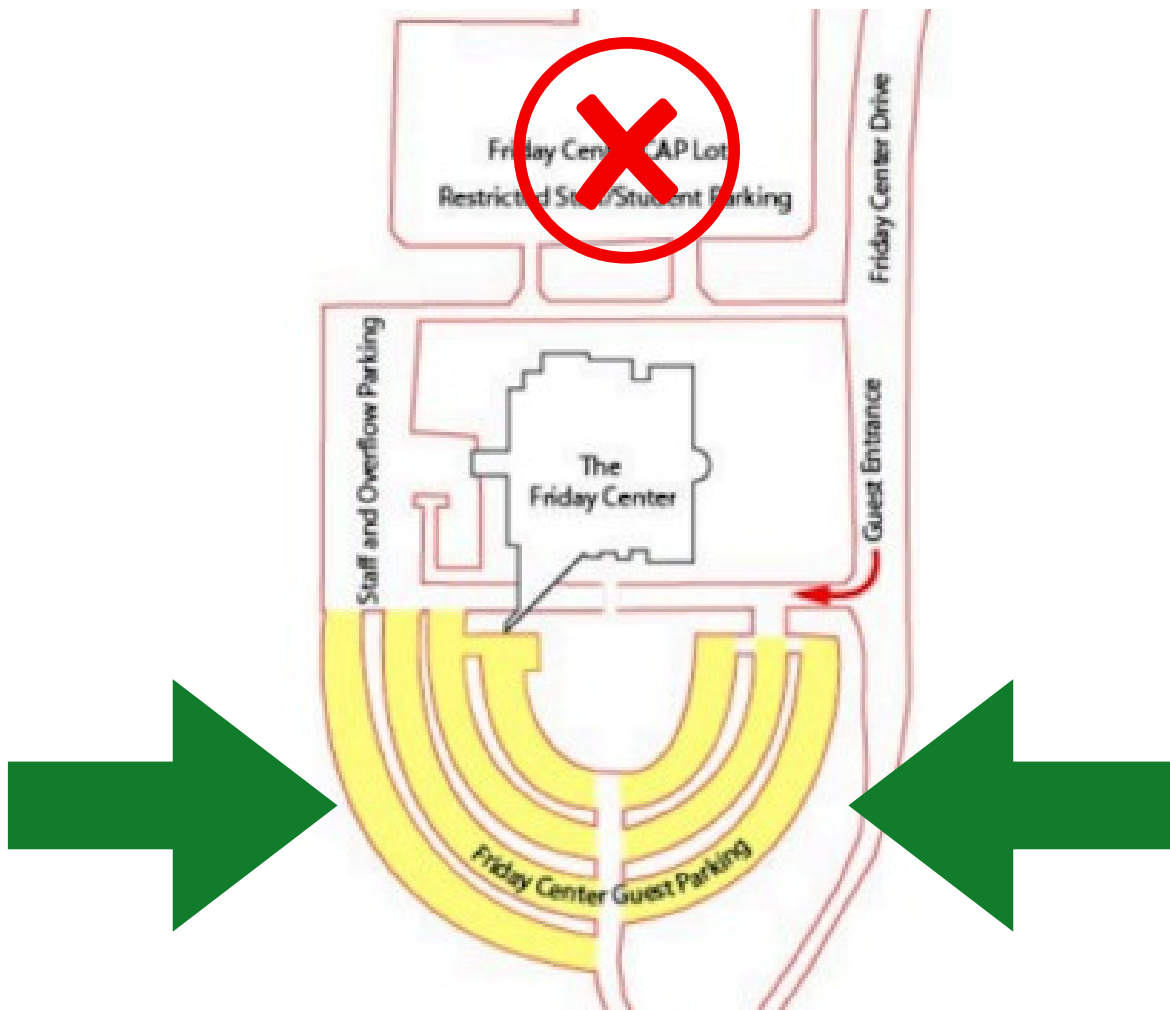
Courtyard Chapel Hill for \$174.00 USD per night

Last Day to Book: Tuesday, March 17, 2026

Hotel Phone Number: 919-883-0700

[Book your group rate for NCCRA 2026 Symposium](#)

**FOR THE CONFERENCE YOU MUST PARK IN THE FRIDAY CENTER GUEST PARKING
NOT IN RESTRICTED STAFF/STUDENT PARKING!**



FOLD AND DISPLAY THIS SIDE UP ON DASHBOARD

VISITING

FCC RES 6571

UNC Friday Center — 100 Friday Center Drive, Chapel Hill, NC

EXPIRES

Fri Apr17 6:00pm

Valid 4/17/2026 6:00am - 4/17/2026 6:00pm



To validate scan or go to:

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Pass number:

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UNC Friday Center — 100 Friday Center Drive, Chapel Hill, NC 27599

NCCRA Symposium

IMPORTANT! The Friday Center requires all vehicles to display a parking pass on the dash. Please print this pass and place it on the dash of your car in the Friday Center parking lot.

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