

NORTH CAROLINA CARDIOPULMONARY REHABILITATION ASSOCIATION

Standards for Quality Cardiopulmonary Rehabilitation Programs Statewide



44TH ANNUAL

**NORTH CAROLINA
CARDIOPULMONARY
REHABILITATION SYMPOSIUM**

*Beyond the Basics in Caring for
Cardiopulmonary Rehab Patients*

April 26, 2024

*William & Ida Friday Center
100 Friday Center Drive
Chapel Hill, North Carolina*



2024 NCCRA Symposium Agenda

Thursday, April 25th

6:30-8:30 pm **NCCRA Member Social** *ALOFT*

Friday, April 26th, 2024

7:15-8:00 am **Registration, Breakfast, and Exhibits** *Atrium Center*

8:00-8:05 am **Welcome—Jeffrey Soukup, NCCRA President**

8:05-9:15 am **Marlene Sigler Memorial Lecture**
Just One Heart: A Cardiologist's Guide to Healing, Health, and Happiness *Redbud*
Jonathan Fisher, MD, FACC

9:15-10:15 am **The Exercise Prescription—Revisiting the Basics & Going Forward** *Redbud*
Cemal Ozemek, PhD, ACSM-CEP, FACSM, FAACVPR, FCEPA

10:15-10:30 am **Break, Exhibits and Vendor Displays** *Atrium Center*

10:30-11:30 am **GOLD Update: Implications for Clinical Practice** *Redbud*
Jill Ohar, MD

11:30-12:30 pm **Beyond the Hospital: Responding to Suicidal Ideation** *Redbud*
Matthew Whited, PhD, FSBM

2024 NCCRA Symposium Agenda-cont.

Friday, April 26, 2024

12:30– 1:30	Lunch Special Tribute to Henry Miller, MD	
1:30-2:15 pm <i>Rooms</i>	Disciple Meetings <i>Exercise Physiology—Addie Critcher, Chair</i> <i>Psychosocial/Mental Health—Matthew Whited, Chair</i> <i>Nutrition—Judith Hinderlither, Chair</i> <i>Nursing—Laurie Tester, Chair</i> <i>Pulmonary/Respiratory—Connie Palladenech, Chair</i>	<i>Sunflower</i> <i>Windflower</i> <i>Mountain Laurel</i> <i>Redbud</i> <i>Bellflower</i>
2:15-3:00 pm	Program Innovations <i>TBA</i>	<i>Redbud</i>
3:00-3:15 pm	Break, Exhibits & Vendor Displays <u><i>Last chance to complete passports for the drawings!</i></u>	<i>Atrium Center</i>
3:15-4:00 pm	Breakout Sessions	
	Exercise Prescription for Spontaneous Coronary Artery Dissection <i>Colleen Daubert, MS , ACSM-CEP</i>	<i>Sunflower</i>
	Pacemaker & ICD Considerations for Cardiac Rehab <i>Kimberly Dail, BSN, RN, CV-BC</i>	<i>Redbud</i>
4:00-4:45 pm	Breakout Sessions	
	Program Admin Knowledge Challenge <i>Stacey Greenway, MA, MPH, RCEP, FAACVPR & Connie Paladenech, RRT, RCP, FAARC, MAACVPR</i>	<i>Sunflower</i>
	The Role of Pulmonary Rehab in Lung Transplant <i>Kelly Watson, BSN, RN, CCTC</i>	
4:45-5:00 pm	Closing Remarks <i>Jeffrey Soukup, 2024 NCCRA President</i>	<i>Redbud</i>

Directions to the Friday Center

The Friday Center is located at 100 Friday Center Drive, Chapel Hill, NC 27517, approximately three miles east of the UNC-Chapel Hill campus, just off Highway 54 East (Raleigh Road). The Center is a short distance from Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273).

From Winston-Salem, Greensboro, and points West:

Take I-40 East to Exit 273 (Hwy 54 West/Chapel Hill). Turn right at top of ramp. Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From Charlotte:

Take I-85 North to Greensboro (I-85 and I-40 intersect in Greensboro) and follow the directions from Greensboro above.

From Raleigh:

Take I-40 to Exit 273A (Hwy 54 West/Chapel Hill). Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From points south of Chapel Hill, arriving on Hwy 15-501 North:

Take the 15-501/54 East bypass as you approach Chapel Hill. Take the Hwy 54 East exit (approximately two miles) toward Raleigh. Proceed to the fifth stoplight, turn right onto Friday Center Drive, and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

Hotel Accommodations

Courtyard by Marriott Chapel Hill (located next to Friday Center)
100 Marriott Way, Chapel Hill, NC

[Book your group rate for NCCRA](#)
1-919-883-0700 or 1-800-321-2211

Room rates \$169.00 for 2 queens or 1 king **NCCRA Symposium 2024 rate is first come, first serve until 3/26/2024.**

Aloft Chapel Hill

1001 Hamilton Rd, Chapel Hill, NC

[Book your group rate for NCCRA 2024](#)
1-919-932-7772

Room rates: \$135.00 for 2 queens or 1king **NCCRA Symposium 2024 rate is first come, first serve until 3/26/2024.**

Registration: Please register online (under Events) at nccraonline.org

Symposium Cost: Members \$140 Non-Members \$250

Members must [log-in](#) to receive the discounted ticket price of \$140. Discount will be applied at checkout.

NCCRA

PO Box 6054

Hickory, NC 28603

Payment (cash or check) can be received at the registration table at the Symposium.

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IMPORTANT!

The Friday Center requires all vehicles to display a parking pass on the dash. Please print this pass and place it on the dash of your car in the Friday Center parking lot.

Please Note: Copies of this pass will NOT be available at registration!

FOLD AND DISPLAY THIS SIDE UP ON DASHBOARD

VISITING

FCC RES 5740

UNC Friday Center — 100 Friday Center Drive, Chapel Hill, NC

EXPIRES

Fri Apr26 6:00pm

Valid 4/26/2024 6:00am - 4/26/2024 6:00pm

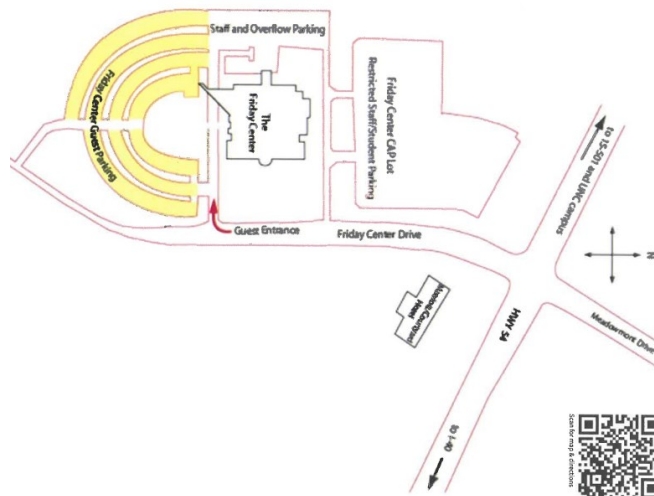


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CEU: Application has been made to AACVPR for up to 6.25 hours of continuing education credit.

CANCELLATION POLICY

Participants who are registered and cancel in writing (fax, mail, or email) between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. No refund will be given if less than 48 hours. Substitutions are welcomed.

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