



North Carolina Cardiopulmonary Rehabilitation Association (NCCRA) Piedmont Region Meeting-Fall 2023

Registration and light breakfast 7:30 am

Presentations 8:00 am-4:30 pm

Lunch will be provided.

Hosted by:

WakeMed Health and Hospitals

Time	Topics	Presenters
8:00-8:15	Welcome, NCCRA Membership Updates, Sponsors	Amy Birling, Jessica Hawkins, Bridget Way
8:15-9:15	GLP-1 Receptor Agonists	Tiffany Taylor, PharmD
9:15-9:30	Break	
9:30-10:30	Current Knowledge and Strategies for Smoking Cessation	Jessica Revels, NP
10:30-10:45	Break	
10:45-11:45	SCAD: Sudden Coronary Artery Dissection	Tom DeVito MS, PA-C
11:45-12:15	Cardiac and Pulmonary Rehab Updates	Connie Paladenech, RRT, RCP, FAARC, FAACVPR
12:15-1:00	Lunch	LSI
1:00-2:00	Pacing and ICD Considerations in Cardiac Rehab	Kimberly Dail, BSN, RN, CV-BC
2:00-2:15	Break	
2:15-3:15	CPX Testing	Stuart Russell, MD
3:15-3:30	Break	
3:30-4:30	Weight Stigma	Megan Woods, RD, LDN

This meeting is a free educational opportunity provided by the North Carolina Cardiopulmonary Rehabilitation Association.

Six continuing education credits have been applied for through the American Association of Cardiovascular and Pulmonary Rehabilitation.