

NORTH CAROLINA CARDIOPULMONARY REHABILITATION ASSOCIATION

Standards for Quality Cardiopulmonary Rehabilitation Programs Statewide



43RD ANNUAL

**NORTH CAROLINA
CARDIOPULMONARY
REHABILITATION SYMPOSIUM**

*Moving Forward and Shaping
the Future of Cardiopulmonary
Rehabilitation*

March 30-31, 2023

*William & Ida Friday Center
100 Friday Center Drive
Chapel Hill, North Carolina*



2023 NCCRA Symposium Agenda

Thursday, March 30, 2023

- 5:30-6:30 pm** **Registration and Mix and Mingle Social** *Atrium Center*
- 6:30-8:00 pm** **Hypertension - How Can Cardiac Rehabilitation Help in Modifying this Risk Factor?** *Redbud AB*
Alan Hinderliter, MD
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Friday, March 31, 2023

- 7:00-8:00 am** **Registration, Breakfast, and Exhibits** *Atrium Center*
Breakfast sponsored by Scottcare
- 8:00-8:05 am** **Welcome—Kelly Forrest NCCRA President**
- 8:05-9:005 am** **Michigan Value Collaborative—Mending Broken Hearts: Improving Cardiac Rehab Use through Data Collection and Collaboration** *Grumman*
Mike Thompson, PhD
- 9:05-9:30 am** **Break, Exhibits & Vendor Displays** *Atrium Center*
- 9:30-10:30 am** **Reducing Weight Stigma in Health Care: Prioritizing Wellbeing over Weight Loss** *Grumman*
Callan Wall, RD/LDN
- 10:30-11:30 am** **Bronchoscopic Lung Volume Reductions** *Grumman*
Christina Bellinger, MD
- 11:30-12:30 pm** **Lunch & NCCRA Updates and Awards** *Trillium A Room*
Lunch Sponsored by LSI

2023 NCCRA Symposium Agenda-cont.

Friday, March 31, 2023

- 12:30-2:00 pm** **Marlene Sigler Memorial Lecture**
Transforming Lives as Healers and Leaders Grumman
Sharon Delaney McCloud, CDE
- 2:00-2:30 pm** **Break, Exhibits & Vendor Displays** Atrium Center
Last chance to complete passports for the drawings!
- 2:30-3:30 pm** **Breakout Sessions**
- Enhanced Recovery After Surgery-The WakeMed**
ERAS Journey: What is ERAS Anyway? Dogwood
Gina McConnell, RN
- Navigating the Crossroads of Cardiometabolic Disease** Redbud
Samantha Seivert, Pharm D
- 3:30-5:00 pm** **North Carolina Program Innovations (New this year)** Grumman
Prehab-Preparing Patients for Elective Cardiothoracic Surgery-New Hanover
Remote Patient Monitoring-Novant Presbyterian
Cancer Wellness and Nutrition - Novant Presbyterian
- 5:00-5:10 pm** **Prizes and Closing Remarks**
Beth Ann Scott, 2023 NCCRA President

Directions to the Friday Center

The Friday Center is located at 100 Friday Center Drive, Chapel Hill, NC 27517, approximately three miles east of the UNC-Chapel Hill campus, just off Highway 54 East (Raleigh Road). The Center is a short distance from Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273).

From Winston-Salem, Greensboro, and points West:

Take I-40 East to Exit 273 (Hwy 54 West/Chapel Hill). Turn right at top of ramp. Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From Charlotte:

Take I-85 North to Greensboro (I-85 and I-40 intersect in Greensboro) and follow the directions from Greensboro above.

From Raleigh:

Take I-40 to Exit 273A (Hwy 54 West/Chapel Hill). Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From points south of Chapel Hill, arriving on Hwy 15-501 North:

Take the 15-501/54 East bypass as you approach Chapel Hill. Take the Hwy 54 East exit (approximately two miles) toward Raleigh. Proceed to the fifth stoplight, turn right onto Friday Center Drive, and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

Hotel Accommodations

Courtyard by Marriott Chapel Hill (located next to Friday Center) www.marriott.com/RDUCH
100 Marriott Way, Chapel Hill, NC 1-919-883-0700 or 1-800-321-2211

Room rates \$149.00 for 2 queens or 1 king **NCCRA Symposium 2023 rate is first come, first serve until 2/28/2023**

Aloft Chapel Hill www.aloftchapelhill.com
1001 Hamilton Rd, Chapel Hill, NC 1-919-932-7772

Room rates: \$129.00 for 2 queens or 1king **NCCRA Symposium 2023 rate is first come, first serve until 2/28/2023**

Registration: Please register online (under Membership Registration) at nccraonline.org

Symposium Cost: \$190.00 (includes \$50 yearly membership)

Payment: When you register online, you will have the option to pay online with Paypal, or indicate that you will pay by check. Your check (payable to NCCRA) can be mailed to:

NCCRA

PO Box 6054

Hickory, NC 28603

Payment (cash or check) can be received at the registration table at the Symposium.

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IMPORTANT!

The Friday Center requires all vehicles to display a parking pass on the dash. Please print this pass and place it on the dash of your car in the Friday Center parking lot.

Please Note: Copies of this pass will NOT be available at registration!

FOLD AND DISPLAY THIS SIDE UP ON DASHBOARD

VISITING

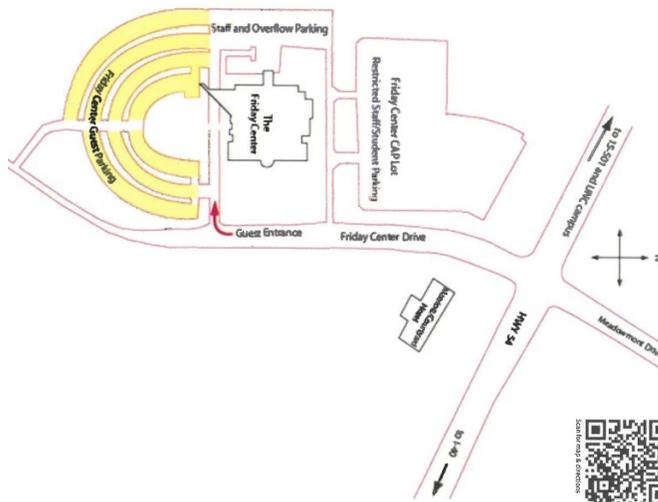
FCC RES#5186
UNC Friday Center – 100 Friday Center Drive, Chapel Hill, NC

EXPIRES

Fri Mar31 6:00pm
Valid 3/30/2023 4:00pm - 3/31/2023 6:00pm

To validate scan or go to: parkingattendant.com/validate Pass number: **164 18803**





AARC Contact Hours: Application has been made to the American Association for Respiratory Care for continuing education contact hours.

CEU: Application has been made to AACVPR for up to 8.5 hours of continuing education credit.

CANCELLATION POLICY

Participants who are registered and cancel in writing (fax, mail, or email) between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. No refund will be given if less than 48 hours. Substitutions are welcomed.

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