

**North Carolina Cardiopulmonary Rehabilitation Association
Coastal Region Meeting – Fall 2022**

Friday, November 4

8:30 am – 4:30 pm

1415 Physicians Drive, Wilmington, NC 28401

Hosted By

*Novant Health New Hanover Regional Medical Center
Cardiopulmonary Rehabilitation & Wellness
Heart & Vascular Institute*

Sponsored by

*Share Care, Ornish Lifestyle Medicine™ - Bobby Jackson
&
ScottCare Cardiovascular Solutions – Jim Laite*

Guest Speakers

Presentation

John Rommel, MD

Updates in the Management of Heart Failure

Glenn Herrington, PharmD, AACC,
BCCP, BCPS, CDCES, CPP

Navigating the Crossroads of Cardiometabolic Disease
Contemporary Medication Management of Cardiovascular
Disease, Diabetes, and Chronic Kidney Disease

Stacey Greenway, MS, MPH,
FAACVPR

Program Management Pearls – Tips from the Front Line

Colby Jolly, MS, ACSM-CEP

Exercise Training & Lifestyle Modification for the Postural
Orthostatic Tachycardia Syndrome Patient

Callan Hoerdemann, RD, LDN

Reducing Weight Stigma in Health Care: Prioritizing Wellbeing
over Weight Loss

Holly Konrady, MS, RYT

Incorporating Mindfulness into the Rehabilitation Setting

This meeting is a free educational opportunity provided by the North Carolina Cardiopulmonary Rehabilitation Association. Six continuing education credit will be applied for through the American Association of Cardiovascular & Pulmonary Rehabilitation.

Breakfast and lunch will be provided according to advanced registration.

Please RSVP to Jeff Soukup at jeff.soukup@novanthealth.org