**NCCRA PIEDMONT REGION FALL MEETING**

**NOV 16TH, 9:30-3:30**

Cone Health/Alamance Regional Medical Center

1240 Huffman Mill Road, Burlington, NC 27215

Education Center

**9:30 Arrive Register**

**10-11 NCCRA- What’s New Roundtable**

**11-1200**

PAD: Risk Factors, Screening, Treatment and the SET Program 1 CEU

Speakers: Susanne Bice RN BSN CCRP, and Jessica Hawkins MA, CSCS RCEP, CCRP

Cone Health/Alamance Regional Medical Center Cardiac and Pulmonary Rehabilitation

**Objectives:**

Attendees will be able to:

* Outline the risk factors associated with PAD
* Describe clinical presentation of patient with PAD
* List the steps to perform and Ankle Brachial Index(ABI) to screen for PAD
* Discuss common treatments for PAD including a supervised exercise training (SET) program for patients with claudication
* Discuss the steps to starting a supervised exercise training (SET) program in your facility

**12:00-12:30 LUNCH**

**12:30-3:00**

National Guidelines for the Primary Prevention of CVD: Integrating: Hypertension, Cholesterol, Diabetes and Lifestyle Guidelines into Practice 2.5 CEU

Speaker: Allison Dimsdale, DNP, NP-C, AACC, FAANP

Associate Vice President, PDC Advanced Practice Nurse Practitioner, Cardiology, Duke University Health System

**Objectives:**

Attendees will be able to:

* Cite and locate National Guidelines related to CVD Risk Reduction
* Using a case study approach apply current CVD prevention and risk reduction guidelines to patient care planning
* Explain how CV risk assessment tools and patient-centered approaches can help to individualize risk factor management
* Describe how to identify and manage CV risk factors according to current guidelines

Directions to Alamance Regional.

From West: I 40 East/85 North to Exit 141. Right onto Huffman Mill Road, Left into Alamance Campus. Continue straight until see the MEDICAL MALL Entrance on the right. Park in the Visitors parking, Enter Medical Mall entrance. Elevator to the Left, Go to LL- Education Center is on the left .

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