NCCRA Symposium Nutrition Discipline Minutes

Date 3/10/17

Time 12:30-1:30pm

Location The Azaela Room

In attendance: Judy Hinderliter, Judith Garrett, Cathy Sink, Ava Elmore, Emily Moore, Tracy Palmatier, Nancy Simpson, Ruth Adamiec, Yvonne Smith

Insurance coverage for Nutrition Services with Cardiac Rehab

* Majority of programs are not getting insurance coverage for nutrition services with cardiac rehab.
* Some programs will allow participant to exercise for 60 or more minutes and then attends nutrition session for 31 or minutes (entire session is >90 minutes) – counts as 2 exercise sessions.
* Nutrition Assessment Tools Being used
* Rate My Plate
* Food Diaries
* Diet Habit Survey
* New Leaf Dietary Risk Assessment (Approved for AACVPR)
* Nutrascreen
* When are assessments completed?
* First and Final Session
* Reporting in EMR
* EPIC
* Versacare
* Paper charting
* Education Materials
* Nutrition Care Manual Hand outs
* Krame’s Educational Videos
* Food models
* Weekly recipes
* Cooking Classes
* What Core Competencies are used for all cardiac rehab staff?
* Some programs are not currently evaluating competencies
* RNs with advanced training in disease state nutrition- CDE, ect.
* How to improve in the future
* Share/streamline healthy recipes between NC Cardiopulmonary Rehab Programs
* Attend SCAN Symposium (3/31-4/2 in Charlotte, NC)
* Share materials used to evaluate core competencies for all of cardiac rehab staff
* AACVPR has core competencies to use for a charge.