



*Cardiopulmonary Rehabilitation -
Value, Vision and Leadership
36th Annual Symposium
William & Ida Friday Center
Chapel Hill, North Carolina*



Our 2015 Annual Symposium will be offering:



The AACVPR Certified Cardiac Rehabilitation Professional credential is the first interdisciplinary certification for cardiac rehabilitation professionals.

Date: March 5th, 2015

Time: 1pm

Cost: : \$299 (\$249 for AACVPR members)

Location: Dogwood AB Room

Register online at www.AACVPR.org



***Opening Keynote— March 5, 2014
Persuasion and Influence
Risa Mish***

Risa Mish is a member of the Management and Leadership of Organizations faculty at Cornell University's S.C. Johnson Graduate School of Management. She teaches courses in team leadership and critical thinking/problem solving, and serves as Faculty Director of the Johnson Leadership Fellows program.



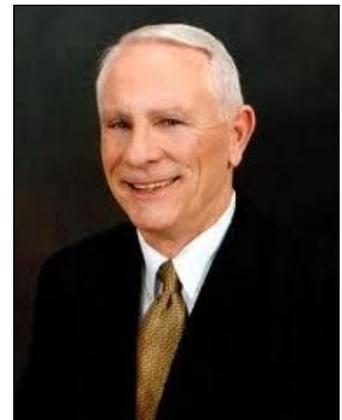
Risa is an honors graduate of Cornell University and Cornell Law School. Before joining the Cornell faculty, she was a partner in the New York City law firm of Collazo Carling & Mish LLP, and an Associate at Simpson Thacher & Bartlett, where she represented Fortune 500 companies and health care institutions. She is licensed to practice law in New York, and before the U.S. Supreme Court.

Risa now runs her own consulting firm through which she advises organizations and senior executives on such topics as leading teams and organizations, critical thinking and problem solving, leading organizational change, building organizational culture, resolving conflict constructively, and managing and motivating employee performance.

She is a member of the boards of directors of SmithBucklin Corporation, TheraCare Corporation, and the United Way of Tompkins County, and is a Trustee of the Tompkins County Public Library.

***Closing Keynote— March 6th, 2014
Leadership That Makes A Difference!
Danny Glover***

Danny launched Glover Consulting Services in January 2006. He is a Certified Master Trainer and Human Behavior Consultant with Personality Insights, Inc., and is a Certified Speaker, Trainer and Coach with the John Maxwell Team. He is co-author of the book, Change Your World.



Danny has been focused on teaching personal growth and leadership development for over thirty years. His leadership journey began in the Army, where he served for nine years. For six of those years he was a Drill Sergeant, training Basic Trainees - moving them from civilian to soldiers. Danny is also a Vietnam Veteran and was awarded the Bronze Star for his combat service. In Non-Commissioned Officer's Academy and Drill Sergeant School, he learned the principles and practices of leadership, training and speaking.

Following his military career, Danny earned his BA and MDiv degrees in Texas, as he prepared for ministry. He pastored growing churches for almost thirty years and in his last pastorate he oversaw a private school of 400 students and 90 employees.

In addition to Glover Consulting Services, Danny also owned Relationship Dynamics training and speaking about personality styles from 1994 - 2006. He was a Senior Consultant with John C. Maxwell's INJOY Group from 2000 - 2006, where won four leadership awards for customer service and excellence.

Danny loves to encourage, empower, and equip professionals and executives to maximize their potential. He believes that every person has greatness in them, and loves helping them discover that potential and live into it!

Danny's sense of humor, "down home" style, varied experiences and expertise, make him a frequent speaker and teacher.

NORTH CAROLINA CARDIOPULMONARY REHABILITATION ASSOCIATION

Standards for Quality Cardiopulmonary Rehabilitation Programs Statewide

CARDIOPULMONARY REHABILITATION - VALUE, VISION AND LEADERSHIP



Thursday, March 5th

- 6:00—6:30pm **Registration and light buffet**
- 6:30—8:00pm **Persuasion & Influence**
Risa Mish, Cornell University
- 8:00—9:30pm **Mix-n-Mingle**
Hors d'oeuvres, beverages

Friday, March 6th

- 7:00—8:15am **Registration/Breakfast/Exhibits**
- 8:15—8:30am **Welcome**
Betty Matteson MA, CES—NCCRA President
- 8:30—9:45am ***Marlene Sigler Memorial Lecture***
Keep Them Coming Back: Eight Principles to Bolster Phase II Program Adherence
Don Shaw, PT, PhD, D.Min, FAACVPR— Nova Southeastern University [GRUMMAN](#)
- 9:45—10:00am Break/exhibitors
Refreshments sponsored by Scottcare, Inc.
- 10:00-11:00am **Priorities for Cardiac Rehabilitation Programs in 2015**
Karen Lui, RN, MS, MAACVPR— GRQ, LLC [GRUMMAN](#)
Sponsored by Mortara, Inc.
- 11:00-11:10am Break
- 11:10-12:10pm **Limitations of Traditional Cardiovascular Risk Assessment: Emerging Factors to Improve Patient Health Outcomes**
Terry Thomas, RN, MSN— Health Diagnostic Laboratory, Inc.
sponsored by HDL
- 12:10-1:10pm Lunch [TRILLIUM A](#), sponsored by LSI
- 1:15—2:15pm Discipline Meetings
Sponsored by UNC Health Care
 - Nursing— Lisa Warren, MSN, MHA, RN—Chair [GRUMMAN](#)
 - Exercise— Jennifer Simmons, MS, RCEP, CES, HFS,—Chair [MTN LAUREL](#)
 - Nutrition— Judy Hinderliter, MPH, RD, LDN, CPT—Chair [AZALEA](#)
 - Psychosocial— Sandra Freeman, MD— Chair [DOGWOOD A](#)
 - Pulmonary— Connie Paladenech, RRT, RCP— Chair [DOGWOOD B](#)
- 2:15—2:30pm Break/ Exhibits
- 2:30—3:30pm Breakout sessions
 1. **Pulmonary:** [DOGWOOD AB](#) with projector
Resistive Exercise Testing in Cardiopulmonary Rehabilitation Special Populations and the Elderly
Dave Verrill, MS, RCEP, CES, FAACVPR— UNC Charlotte
 2. **Cardiac:** [GRUMMAN](#) with projector
Biopsychological & Spiritual Factors affecting cardiac rehab referral in rural NC
Aubry Koehler, MA, LMFTA— East Carolina University
- 3:30—3:45pm Break
- 3:45—4:45pm **Leadership That Makes A Difference!** [GRUMMAN](#)
Danny Glover— Glover Consulting Services
- 4:45—5:00pm **Closing Remarks** [GRUMMAN](#)
Betty Matteson, MA, CES & Ash Walker, MA, RCEP, CES



36th Annual NCCRA Symposium Registration Form

First Name _____ MI _____ Last Name _____

Date Of Birth _____ (Required) Credentials _____

Employer _____ Employer County _____

Position _____ Department _____

Address (Home Work) _____

City _____ State _____ Zip Code _____

(____) _____ (____) _____
Work Phone Number Home Phone Number

(____) _____ _____
Fax Number Email Address

Registration Fees

Pre-Symposium/Opening Keynote Only—Thurs March 5th

\$40.00

Symposium Registration (Includes Pre-symposium Opening Keynote Thursday evening)

- \$140.00 36th NCCRA Symposium
- \$190.00 36th NCCRA Symposium & Membership Renewal
- \$50.00 Full time students (includes 1 Year Membership)

\$_____ Total Amount Enclosed

Payment Options:

- Check Enclosed
- Check or cash will be presented at registration (please send registration form in advance)

(Make checks payable to NCCRA)

We regret that we are unable to accept credit cards, debit cards, or Paypal.

Mail Form and Payment to:

NCCRA
P O BOX 6054
Hickory NC 28603-6054
Or
Fax form: (984) 974-2591 or Email: bdeboo57@gmail.com

NCCRA

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Directions to the Friday Center

The Friday Center is located at 100 Friday Center Drive, Chapel Hill, NC 27517, approximately three miles east of the UNC-Chapel Hill campus, just off Highway 54 East (Raleigh Road). The Center is a short distance from Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273).

From Winston-Salem, Greensboro, and points West:

Take I-40 East to Exit 273 (Hwy 54 West/Chapel Hill). Turn right at top of ramp. Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From Charlotte:

Take I-85 North to Greensboro (I-85 and I-40 intersect in Greensboro) and follow the directions from Greensboro above.

From Raleigh:

Take I-40 to Exit 273A (Hwy 54 West/Chapel Hill). Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From points south of Chapel Hill, arriving on Hwy 15-501 North:

Take the 15-501/54 East bypass as you approach Chapel Hill. Take the Hwy 54 East exit (approximately two miles) toward Raleigh. Proceed to the fifth stoplight, turn right onto Friday Center Drive, and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

Hotel Accommodations

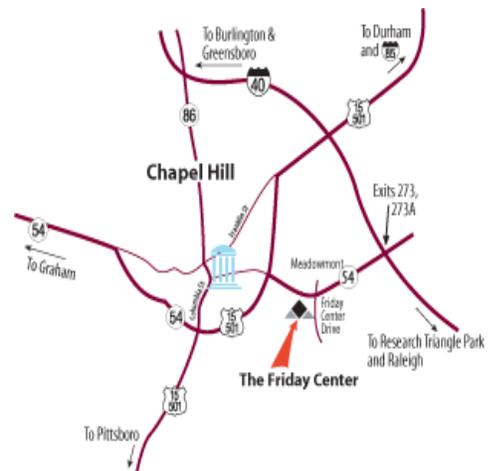
Courtyard by Marriott Chapel Hill (located next to Friday Center)
100 Marriott Way, Chapel Hill, NC

Room rates \$119.00 for 2 queens or 1 king (can be shared to reduce cost). Reservations received after **Monday, February 12, 2015** will be provided on a space available basis at prevailing rates.

Reservations: Contact hotel directly at 1-919-883-0700
Toll Free at 1-800-321-2211

Be sure to refer to: **NCCRA Symposium 2015** when calling.

Website: www.marriott.com/RDUCH



FOLD AND PLACE THIS SIDE UP ON DASH

UNC Friday Center — 100 Friday Center Drive, Chapel Hill, NC

VISITING NCCRA SYMPOSIUM

EXPIRES Fri Mar06 5:00pm

Pass Number: PXE07N4

Valid 3/5/2015 7:00am - 3/6/2015 5:00pm



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This pass is valid only for the location, dates, and times listed. Altering pass or failure to observe parking rules may result a fine, suspension of parking privileges, or towing without warning at vehicle owner's expense. Property owner(s) or management are not responsible for loss of, or damage to, vehicle or contents.



UNC Friday Center
100 Friday Center Drive
Chapel Hill, NC 27599



IMPORTANT!!

The Friday Center now requires that all vehicles display a parking pass. There is no additional charge for parking.

Please print the pass and bring it to the Symposium. Black and white copies are OK. It must be displayed on the dash of your car in the Friday Center parking lot. Copies of this pass will not be available at registration!

General Information:

Cancellation Policy: Participants who are registered and cancel between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. No refund if cancels less than 48 hours prior to event. Substitutes are welcome. Cancellations **must** be in writing. (fax, mail, or email).

Continuing Education Credit AARC Contact Hours: Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours.

AND: Application has been made to the Academy of Nutrition and Dietetics (AND) for the award of continuing education hours.

CEU: The Friday Center for Continuing Education has approved this continuing educational activity for 8.5 hours of continuing education credit.

HANDOUTS: Presentation handouts will be posted on the NCCRA website as soon as they are provided by speakers. Copies of handouts will not be provided at the Symposium.