



42ND ANNUAL

NORTH CAROLINA  
CARDIOPULMONARY  
REHABILITATION SYMPOSIUM

*Navigating the Future Together*

*March 29th & April 5th, 2022*

*Virtual Meetings*

*12:30pm to 5:15pm*

*Check-in is at 12:15*



## **2022 NCCRA Virtual Symposium Agenda Navigating the Future Together Tuesday March 29th, 2022**

**CHECK-IN AT 12:15**

**12:30pm—5:15pm**

**12:30-12:45**      **Welcome - Kelly Forrest NCCRA President**

**12:45-1:45**      **Cardio-Oncology Rehab (CORE): Challenges and Opportunities to Improve Outcomes in Cancer Patients**  
*Kristopher Swiger, MD, Cardiology*

**1:45-2:45**      **Marlene Sigler Memorial Lecture**  
**Implications of Long COVID in the Rehabilitation Setting**  
*Stephen P. Bailey, PT, PhD, FACSM, Professor*

**Break 2:45-3:00**

**3:00-4:00**      **What you need to know for 2022-Medicare Rules, Billing and Auditing for Cardiac and Pulmonary Rehab**  
*Connie Paladenech, RRT, RCP, FAARC, FAACVPR*  
*Stacey Greenway, MA, MPH, FAACVPR, CCRP, RCEP*

**4:00-5:00**      **NCCRA & Campbell University—Good for the Heart and Soul**  
***The Cardiac and Mental Health Connection***  
*Bridget Way, CCEP, Paramedic, NCCRA Membership Chair*  
*Paula Parker, PhD, CMPC, USOC, Associate Professor*  
*Nicole Rushing, PhD, Assistant Professor*

**5:00-5:15**      **Announcements, Closing Remarks, CEU Information and Vendor Recognition**



## **2022 NCCRA Virtual Symposium Agenda Navigating the Future Together Tuesday April 5th, 2022**

**CHECK-IN AT 12:15**

**12:30pm—5:15pm**

**12:30-12:45**      **Welcome - Kelly Forrest NCCRA President  
World Heart Games**

**12:45-1:45**      **The Heart-Brain Connection**  
*Kari B. Kirian, PhD*

**1:45-2:45**      **Picture Your Plate: A Validated Nutrition Assessment Tool  
Validated in Cardiac Rehab**  
*Ellen S. Aberegg, MA, LD, RDN, FAACVPR*  
*Judith M. Hinderliter, MPH, RDN, LDN, CPT, Clinical Dietitian*

**Break 2:45-3:00**

**3:00-4:00**      **2022 in the Cardiac Cath Lab-What's New**  
*Joseph S. Rossi, MD, MSCI, FACC, FSCAI*

**4:00-5:00**      **Exercise and the Pill Box: A Review of Novel  
Cardiovascular Medications**  
*Erika Schoenborn, PharmD, BCCP, CPP*

**5:00-5:15**      **Announcements, Closing Remarks, CEU Information  
and Vendor Recognition**



**NCCRA Membership:** Please register online at [nccraonline.org](http://nccraonline.org) (Under membership Registration)  
**Check or PayPal payment required**

**NCCRA Yearly Membership \$50 payable to:** **NCCRA**  
PO Box 6054  
Hickory, NC 28603

**You will receive a Discount Code for Symposium Registration via email within 24hrs  
from bdeboo57@gmail.com**

Membership registration must be completed by March 23rd in order to receive the discount code for the symposium.

*This discount code is a membership benefit . Please **do not share** with others.*

|                                       |                    |                                 |                          |
|---------------------------------------|--------------------|---------------------------------|--------------------------|
| <b><u>Symposium Registration:</u></b> | <b>Members</b>     | <b>\$20 per day/\$40 total</b>  | (Discount code required) |
|                                       | <b>Non Members</b> | <b>\$50 per day/\$100 total</b> |                          |

**Credit/Debit payment required**

<https://www.easternahec.net/courses-and-events/68076>

The link above takes you directly to the Registration page for the Symposium

- Symposium Registration will be done through the EAHEC registration page
- You must create a MyAHEC account or use an existing one if you have it. (See flowchart)
- Choose which session or sessions you would like to attend.
- *Symposium registration must be completed by noon on **March 25th***

**CEU:** Application has been made to AACVPR for up to 8.0 hours of continuing education credit.

**AARC Contact Hours:** Application has been made to the American Association for Respiratory Care for continuing education contact hours.

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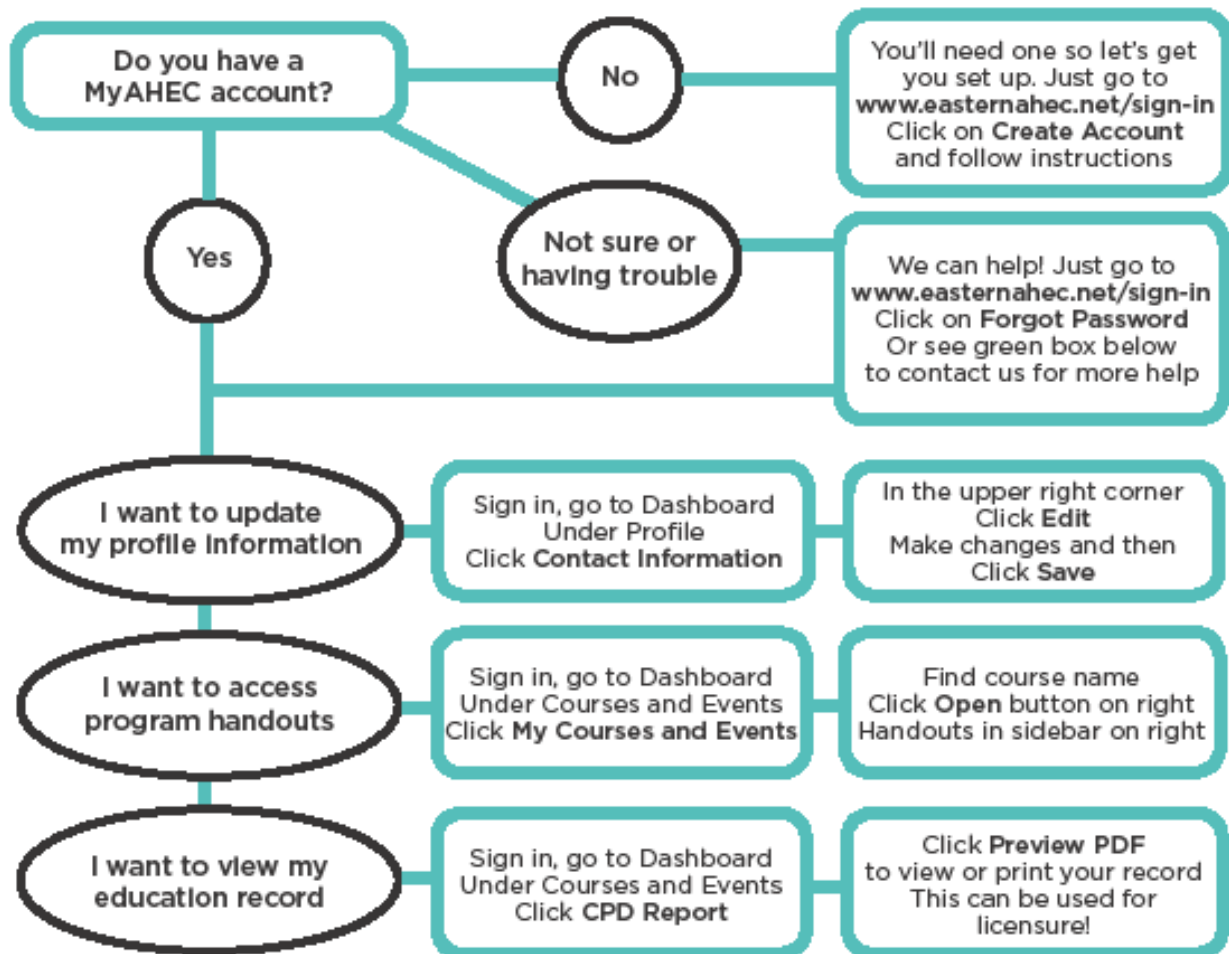
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<https://www.easternahec.net/courses-and-events/68076>

The link above takes you directly to the Registration page for the Symposium



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