

NORTH CAROLINA CARDIOPULMONARY REHABILITATION ASSOCIATION

Standards for Quality Cardiopulmonary Rehabilitation Programs Statewide



42ND ANNUAL

**NORTH CAROLINA
CARDIOPULMONARY
REHABILITATION SYMPOSIUM**

Navigating the Future Together

March 29th & April 5th, 2022

Virtual Meetings

12:30pm to 5:15pm

Check-in is at 12:15



2022 NCCRA Virtual Symposium Agenda Navigating the Future Together Tuesday March 29th, 2022

CHECK-IN AT 12:15

12:30pm—5:15pm

12:30-12:45 **Welcome - Kelly Forrest NCCRA President**

12:45-1:45 **Cardio-Oncology Rehab (CORE): challenges and opportunities to improve outcomes in cancer patients**
Kristopher Swiger, MD, Cardiology

1:45-2:45 **Marlene Sigler Memorial Lecture**
Implications of Long COVID in the Rehabilitation Setting
Stephen P. Bailey, PT, PhD, FACSM, Professor

Break 2:45-3:00

3:00-4:00 **What you need to know for 2022-Medicare Rules, Billing and Auditing for Cardiac and Pulmonary Rehab**
Connie Paladenech, RRT, RCP, FAARC, FAACVPR
Stacey Greenway, MA, MPH, FAACVPR, CCRP, RCEP

4:00-5:00 **NCCRA & Campbell University—Good for the heart and soul**
The Cardiac and Mental Health Connection
Bridget Way, CCEP, Paramedic, NCCRA Membership Chair
Paul Parker, PhD, CMPC, USOC, Associate Professor-Campbell University

5:00-5:15 **Announcements, Closing Remarks, CEU Information and Vendor Recognition**



2022 NCCRA Virtual Symposium Agenda Navigating the Future Together Tuesday April 5th, 2022

CHECK-IN AT 12:15

12:30pm—5:15pm

- 12:30-12:45** **Welcome - Kelly Forrest NCCRA President
World Heart Games**
- 12:45-1:45** **The Heart-Brain Connection
*Kari B. Kirian, PhD***
- 1:45-2:45** **Picture Your Plate: A Validated Nutrition Assessment Tool
Validated in Cardiac Rehab
*Ellen S. Aberegg, MA, LD, RDN, FAACVPR***
- Break 2:45-3:00**
- 3:00-4:00** **2022 in the Cardiac Cath Lab-What's New
*Joseph S. Rossi, MD, MSCI, FACC, FSCAI***
- 4:00-5:00** **Exercise and the Pill Box: A Review of Novel
Cardiovascular Medications
*Erika Schoenborn, PharmD, BCCP, CPP***
- 5:00-5:15** **Announcements, Closing Remarks, CEU Information
and Vendor Recognition**



**NCCRA Membership: Please register online at nccraonline.org (Under membership Registration)
Check or PayPal payment required**

NCCRA Yearly Membership \$50 payable to: NCCRA
PO Box 6054
Hickory, NC 28603

**You will receive a Discount Code for Symposium Registration via email within 24hrs
from bdeboo57@gmail.com**

Membership registration must be completed by March 23rd in order to receive the discount code for the symposium.

*This discount code is a membership benefit . Please **do not share** with others.*

Symposium Registration:

Members	\$20 per day/\$40 total	(Discount code required)
Non Members	\$50 per day/\$100 total	

Credit/Debit payment required

<https://www.easternahec.net/courses-and-events/68076>

The link above takes you directly to the Registration page for the Symposium

- Symposium Registration will be done through the EAHEC registration page
- You must create a MyAHEC account or use an existing one if you have it. (*See flowchart*)
- Choose which session or sessions you would like to attend.
- *Symposium registration must be completed by noon on **March 25th***

CEU: Application has been made to AACVPR for up to 8.0 hours of continuing education credit.

AARC Contact Hours: Application has been made to the American Association for Respiratory Care for continuing education contact hours.

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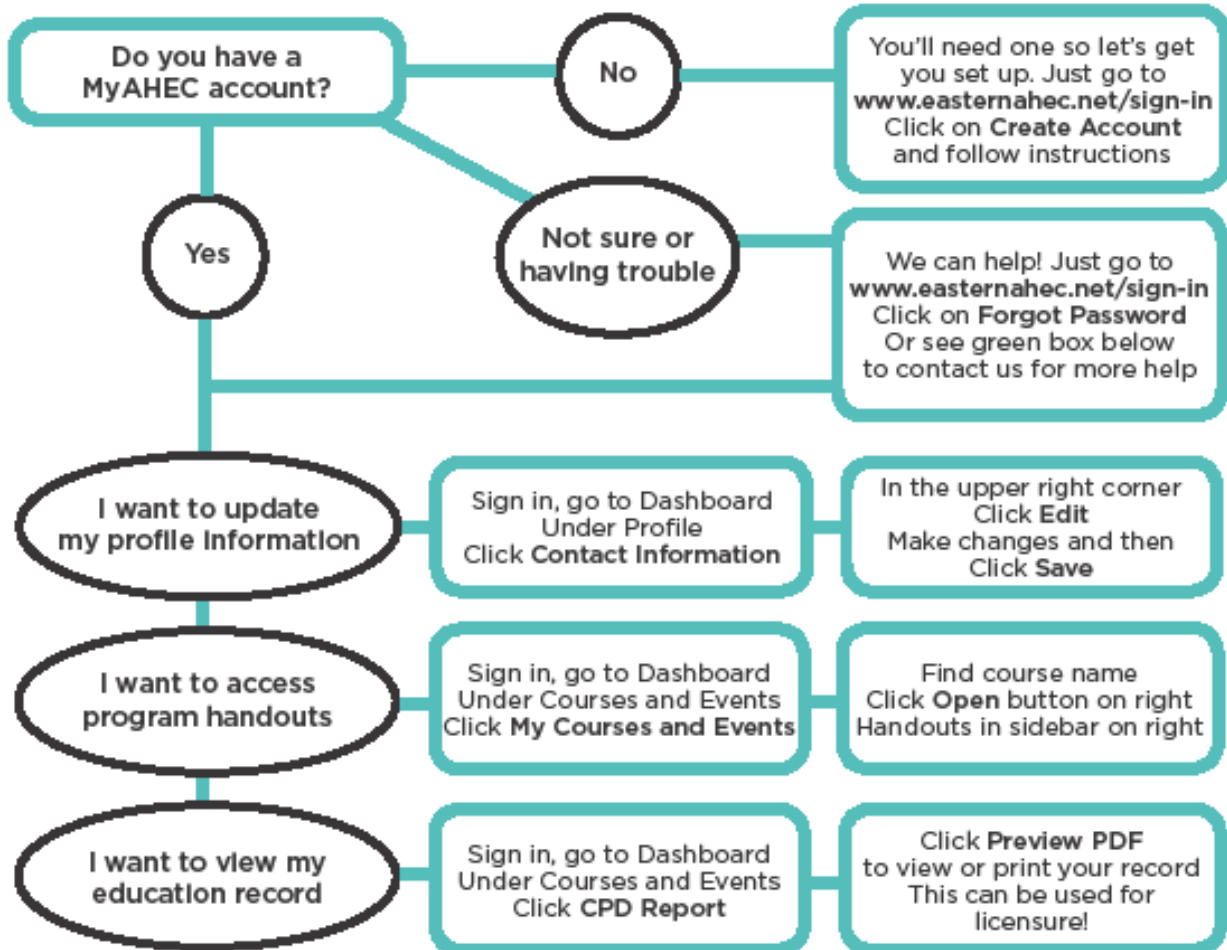
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The link above takes you directly to the Registration page for the Symposium



www.easternahec.net/sign-in

Your MyAHEC account gives you access to a variety of resources across the North Carolina AHEC system



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252-744-5210 or easternahec@ecu.edu**

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