



**41 ST ANNUAL**

**NORTH CAROLINA  
CARDIOPULMONARY  
REHABILITATION SYMPOSIUM**

*Moving Forward Together In  
Cardiac, Pulmonary and Vascular  
Rehabilitation*

*April 27th and May 4th, 2021*

*Virtual Meetings*

*12:30pm to 5:00pm*

*Check-in is at 12:15*



## 2021 NCCRA Virtual Symposium Agenda Tuesday April 27th, 2021

CHECK-IN AT 12:15

12:30pm—5:15pm

- 12:30-12:45**      **Welcome - Jennifer Simmons NCCRA President**
- 12:45-1:45**      **Physiologic Concepts of the Cardiopulmonary  
Exercise Test (Part 1)**  
*Jeffrey T. Soukup, Ph.D. ACSM-CEP*
- 1:45-2:45**      **Marlene Sigler Memorial Lecture  
Re-evaluation, Rehabilitation, & Resiliency:  
An Alpha-1/COPD Adventure**  
*Len Geiger, BS*
- Break 2:45-3:00**
- 3:00-4:00**      **Moving Forward Together.....Strategies for Success in  
the Next Decade**  
*Ash Walker, DHSc., MA, ACSM-RCEP, FAACVPR*
- 4:00-5:00**      **Cardiopulmonary Rehabilitation Quality &  
Sustainability: What's the Value of our Program?**  
*Karen A. Edwards, MS, RCEP, RRT, FAACVPR*
- 5:00-5:15**      **Announcements, Closing Remarks, CEU Information  
and Vendor Recognition**



## 2021 NCCRA Virtual Symposium Agenda Tuesday May 4th, 2021

CHECK-IN AT 12:15

12:30pm—5:15pm

**12:30-12:45**      **Welcome - Jennifer Simmons NCCRA President**

**12:45-1:45**      **Physiologic Concepts of the Cardiopulmonary  
Exercise Test (Part 2)**  
*Brian Coyne, M.Ed., ACSM-RCEP, ACSM-CIFT*

**1:45-2:45**      **Fundamentals of PAD Rehab: “The Journey of a  
Thousand Miles begins with a Single Step-Tao”**  
*Carl King, EdD, MAACVPR*

**Break 2:45-3:00**

**3:00-4:00**      **AACVPR Guidelines for Pulmonary Rehabilitation  
2020-2021: What’s New?**  
*Rebecca Crouch, PT, DPT, MS, CCS, MAACVPR*

**4:00-5:00**      **Walk This Way! Psychological Benefits of Exercise in  
the Cardiac Rehab Setting**  
*Samuel F. Sears Ph.D.*

**5:00-5:15**      **Announcements, Closing Remarks, CEU Information  
and Vendor Recognition**



**NCCRA Membership: Please register online at [nccraonline.org](http://nccraonline.org) (Under membership Registration)  
Check or PayPal payment required**

**NCCRA Yearly Membership \$50 payable to: NCCRA**  
PO Box 6054  
Hickory, NC 28603

**You will receive a Discount Code for Symposium Registration via email within 24hrs**  
Membership registration must be completed by April 22nd in order to receive the discount code for the symposium.

*This discount code is a membership benefit and we ask that you **do not share** with others.*

**Symposium Registration:**      **Members      \$20 per day/\$40 total** (Discount code required)  
   **Non Members    \$50 per day/\$100 total**

**Credit/Debit payment required**

<https://www.easternahec.net/courses-and-events/65636>

The link above takes you directly to the Registration page for the Symposium. Push control and click the link

- Registration will be done through the EAHEC registration page
- You must create a MyAHEC account or use an existing one if you have it. *(See flowchart)*
- Choose which session or sessions you would like to attend.
- *Symposium registration must be completed by noon on 4/26*

CEU: Application has been made to AACVPR for up to 8.0 hours of continuing education credit.

AARC Contact Hours: Application has been made to the American Association for Respiratory Care for continuing education contact hours.

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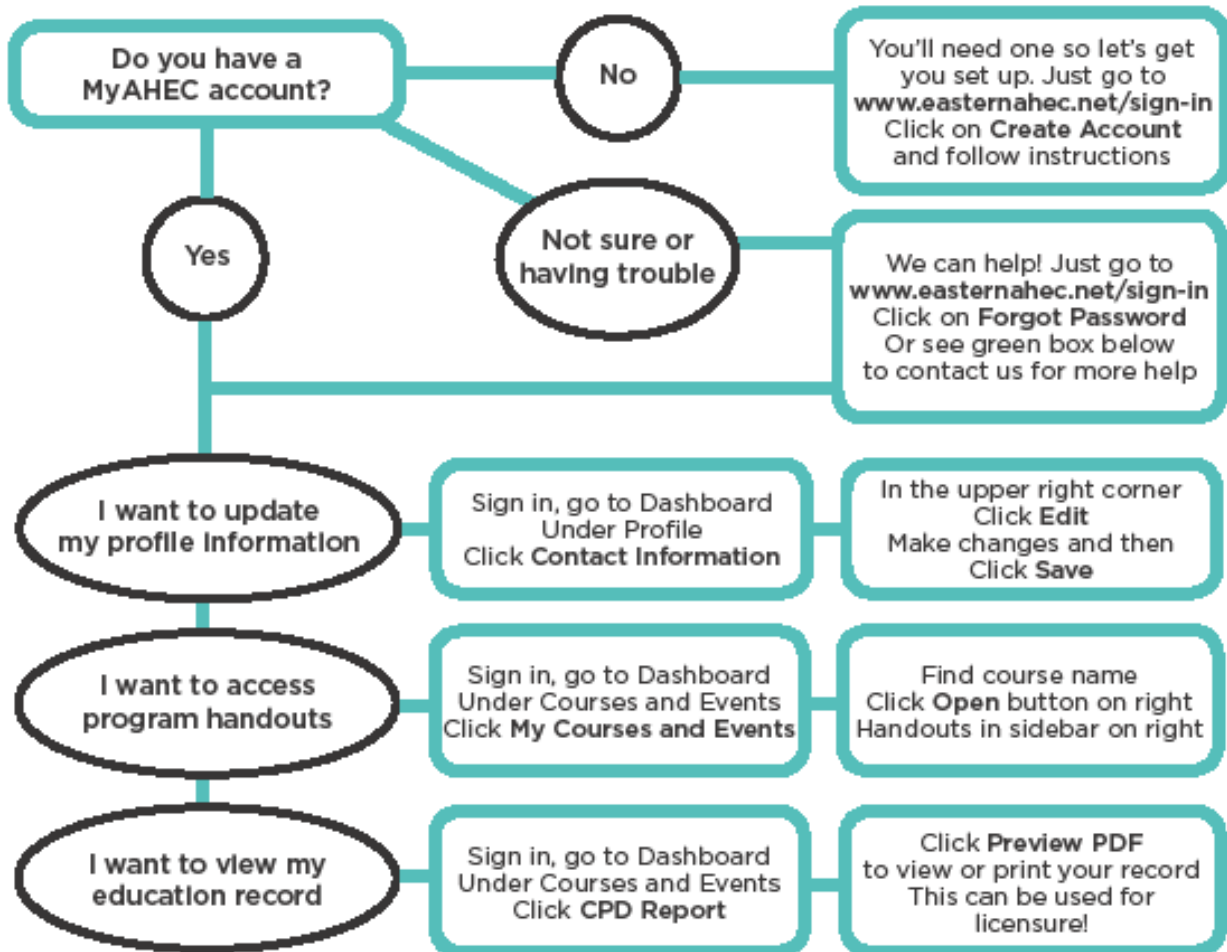
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