

NCCRA Mountain Region 2019 Symposium

# Location: Auditorium of Watauga Medical Center

#  336 Deerfield Road, Boone NC 28607

# Date: Tuesday, November 5, 2019

# Time: 8:30am to 2:00pm

# Facilitator: Beth Ann Scott, MS, CES

#  Mountain Region Vice President

## Agenda Items

8:30 – 8:55 Registration, Vendor Booths and

Breakfast – Provided by Pritikin

8:55 Welcome

*Beth Ann Scott, MS, CES – NCCRA Mountain Region VP*

9:00 – 10:00 Prehab for High-risk CV Surgical Patients

*Hannah Wofford, EP and Sara Weaver, RN*

10:00 – 11:00 Intensive Cardiac Rehab

*Colleen Daubert, EP*

11:00 – 12:00 Cardiology

*Donna Denier, MD*

12:00 – 12:30 Lunch – Provided by ScottCare

12:30 – 1:30 Opportunities in Testing & Training Patients with Cardiovascular Disease *Jeff Soukup, PhD*

1:45 – 2:00 Closing Remarks and Certificates

*Beth Ann Scott*

# Additional Information

An application has been made to the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) for 4 CE credits.

Special Thanks to Pritikin for breakfast and to Scott Care for lunch today. Please take some time to visit with them.



The auditorium of Watauga Medical Center is located in the white/glass-window looking area on the left of the hospital, on the 1st floor.