

NCCRA Mountain Region 2019 Symposium

# Location: Auditorium of Watauga Medical Center

# 336 Deerfield Road, Boone NC 28607

# Date: Tuesday, November 5, 2019

# Time: 8:30am to 2:00pm

# Facilitator: Beth Ann Scott, MS, CES

# Mountain Region Vice President

## Agenda Items

8:30 – 8:55 Registration, Vendor Booths and

Breakfast – Provided by Pritikin

8:55 Welcome

*Beth Ann Scott, MS, CES – NCCRA Mountain Region VP*

9:00 – 10:00 Prehab for High-risk CV Surgical Patients

*Hannah Wofford, EP and Sara Weaver, RN*

10:00 – 11:00 Intensive Cardiac Rehab

*Colleen Daubert, EP*

11:00 – 12:00 Cardiology

*Donna Denier, MD*

12:00 – 12:30 Lunch – Provided by ScottCare

12:30 – 1:30 Opportunities in Testing & Training Patients with Cardiovascular Disease *Jeff Soukup, PhD*

1:45 – 2:00 Closing Remarks and Certificates

*Beth Ann Scott*

# Additional Information

An application has been made to the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) for 4 CE credits.

Special Thanks to Pritikin for breakfast and to Scott Care for lunch today. Please take some time to visit with them.

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwj9y-CP45TlAhXxnuAKHQeXA54QjRx6BAgBEAQ&url=https://apprhs.org/wataugamedical/&psig=AOvVaw01whDRuMqwq226J9D0Vtu_&ust=1570902775799123)

The auditorium of Watauga Medical Center is located in the white/glass-window looking area on the left of the hospital, on the 1st floor.