

NORTH CAROLINA CARDIOPULMONARY REHABILITATION ASSOCIATION

Standards for Quality Cardiopulmonary Rehabilitation Programs Statewide



40TH ANNUAL
NORTH CAROLINA
CARDIOPULMONARY
REHABILITATION SYMPOSIUM

*Partnering in Care: The
Interdisciplinary Team in
Cardiopulmonary Rehabilitation*

April 4th and 5th, 2019

*William & Ida Friday Center
100 Friday Center Drive
Chapel Hill, North Carolina*



2019 NCCRA Symposium Agenda

Thursday, April 4, 2019

6:00-6:30pm Registration

Atrium Center

6:30-7:30 Creating a Culture of Patient Voice
Greg Merritt, Ph.D.

Grumman

7:30-8:30 Mix and Mingle

Friday, April 5, 2019

7:00-8:00am Registration, Breakfast, and Exhibits
Breakfast provided by Scottcare

Atrium Center

8:00-8:15 Welcome—Betsy Young NCCRA President

Marlene Sigler Memorial Lecture

8:20-9:50 AACVPR Value Based Care Update
Adam deJong, MA, FACSM, MAACVPR

Grumman

9:50-10:10 Break and Vendor Displays

Atrium Center

10:15-11:30 Practical Business Knowledge in CP Rehab
Tom Draper, MBA, MAACVPR

Grumman

11:30-12:30 Lunch and NCCRA Update
Lunch Sponsored by LSI

Trillium

2019 NCCRA Symposium Agenda-cont

Friday, April 5, 2019

12:30-1:30

Discipline Meetings

| | | |
|---------------------|-----------------------------|--------------------|
| Nursing | Lisa Warren, RN Chair | <i>Grumman</i> |
| Exercise | Angela Lanier, MS, Chair | <i>Mtn. Laurel</i> |
| Nutrition | Judy Hinderliter, RDN Chair | <i>Azalea</i> |
| Psychosocial | Sandra Freeman, MD Chair | <i>Dogwood A</i> |
| Pulmonary | Connie Paladenech, RT Chair | <i>Dogwood B</i> |

1:30-1:45

Break

Breakout Sessions

1:50-2:50

A Whole Food Dietary Pattern Approach To Nutrition Advice

Grumman

Anne Till, MNutr, RDN, LDN

So You Think You Can Dance? Empowering the Patient to Take the Lead

Windflower

Kimberley Smith, CEP

2:50-3:00

Break

Breakout sessions

3:00-4:00

Duke Heart Transplant Program

Grumman

Duke Heart Transplant Team

Duke Lung Transplant Program

Windflower

Duke Lung Transplant Team

4:00-4:50

Generational Differences in Cardiopulmonary Rehabilitation

Grumman

Elisabeth Marsal, Ph.D.

4:50-4:55

Closing Remarks – Candace Langston 2019 NCCRA President

Directions to the Friday Center

The Friday Center is located at 100 Friday Center Drive, Chapel Hill, NC 27517, approximately three miles east of the UNC-Chapel Hill campus, just off Highway 54 East (Raleigh Road). The Center is a short distance from Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273).

From Winston-Salem, Greensboro, and points West:

Take I-40 East to Exit 273 (Hwy 54 West/Chapel Hill). Turn right at top of ramp. Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From Charlotte:

Take I-85 North to Greensboro (I-85 and I-40 intersect in Greensboro) and follow the directions from Greensboro above.

From Raleigh:

Take I-40 to Exit 273A (Hwy 54 West/Chapel Hill). Proceed to the fifth stoplight, turn left onto Friday Center Drive (approximately two miles), and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

From points south of Chapel Hill, arriving on Hwy 15-501 North:

Take the 15-501/54 East bypass as you approach Chapel Hill. Take the Hwy 54 East exit (approximately two miles) toward Raleigh. Proceed to the fifth stoplight, turn right onto Friday Center Drive, and take the second right into the Friday Center parking area. Guest parking is on the left; the Friday Center is on the right.

Hotel Accommodations

Courtyard by Marriott Chapel Hill (located next to Friday Center) www.marriott.com/RDUCH
100 Marriott Way, Chapel Hill, NC 1-919-883-0700 or 1-800-321-2211

Room rates \$129.00 for 2 queens or 1 king **NCCRA Symposium 2019 rate is first come, first serve**

Aloft Chapel Hill www.aloftchapelhill.com
1001 Hamilton Rd, Chapel Hill, NC 1-919-932-7772

Room Rates: \$129.00 for 2 queens or 1 king **NCCRA Symposium 2019 rate is first come, first serve**

Registration: Please register online (under Membership Registration) at nccraonline.org

Payment: When you register online, you will have the option to pay online with Paypal, or indicate that you will pay by check. Your check (payable to NCCRA) can be mailed to:

NCCRA
PO Box 6054
Hickory, NC 28603

Payment (cash or check) can be received at the registration table at the Symposium.

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IMPORTANT!

The Friday Center requires all vehicles to display a parking pass on the dash. Please print this pass and place it on the dash of your car in the Friday Center parking lot.

Please Note: Copies of this pass will NOT be available at registration!

FOLD AND PLACE THIS SIDE UP ON DASH

UNC Friday Center — 100 Friday Center Drive, Chapel Hill, NC

VISITING NCCRA

EXPIRES Fri Apr 05 5:30pm

Pass Number: 2543798
Valid 4/4/2019 12:30pm - 4/5/2019 5:30pm
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This pass is valid only for the location, dates, and times listed. Altering pass or failure to observe parking rules may result in a fine, suspension of parking privileges, or towing without warning at vehicle owner's expense. Property owner(s) or management are not responsible for loss of, or damage to, vehicle or contents.



UNC Friday Center
100 Friday Center Drive
Chapel Hill, NC 27599



AARC Contact Hours: Application has been made to the American Association for Respiratory Care for continuing education contact hours.

AND: Application has been made to the Academy of Nutrition and Dietetic for the award of continuing education hours.

CEU: AACVPR has approved this continuing educational activity for up to 7 hours of continuing education credit.

CANCELLATION POLICY

Participants who are registered and cancel in writing (fax, mail, or email) between 2 weeks and up to 48 hours prior to the program will received a 70% refund. No refund will be given if less than 48 hours. Substitutions are welcomed.

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