NCCRA Symposium Nutrition Discipline Minutes

Date 3/23/18

Time 12:30-1:30pm

Location The Azaela Room

In attendance: Judy Hinderliter, Judith Garrett, Ellen Aberegg, Marsha Kenner, Anju Agarwal, Mary Tayloe Gaskins, Allison Romandy, Nancy Simpson, Tracy O’Grady-Palmatier, Emily Otis, Megan Woods

Special Guest: Ellen Aberegg, MS, RDN, LDN

* Insurance coverage for Nutrition Services with Cardiac Rehab
* Majority of programs are not getting insurance coverage for nutrition services with cardiac rehab.
* To bill for education, education session must last at least 30 minutes.
* 1 code used for exercise, 1 code used for nutrition education
* Some programs will allow participant to exercise for 15 minutes and then attends nutrition class for the rest of session (entire session is 90 minutes) – counts as one of the exercise sessions.
* Participants only allowed 2 billable sessions of cardiopulmonary rehab daily.
* Nutrition Education can take any number of the 36 payable sessions (no limit).
* Diabetes MNT should be billed separately from 36 cardiopulmonary sessions.
* More information available in 2014 Webinar entitled: “The Role of Dietitians in Cardiac Rehab” or research Karen Lui, RN for billing talks/reimbursement discussions.
* Nutrition Assessment Tools Being used
* Rate My Plate (never validated, but approved for AACVPR)
* Food Diaries/Diet Recall (can vary depending on surveyor)
* Diet Habit Survey (very out dated, very long questionnaire, validated several years ago, approved for AACVPR)
* New Leaf \* (Ellen Aberegg and Judy Hinderliter are creating/completing a validation study through participants at UNC Hospital)
* Dietary Risk Assessment
* Nutriscreen- free electronic survey by viocare (should be completed pre and post- rehabilitation.
* When are assessments completed?
* First and Final Session
* Reporting in EMR
* EPIC (able to drop charges for nutrition education)
* Versacare
* Paper charting
* Education Materials
* Nutrition Care Manual Hand outs
* Krame’s Educational Videos
* Food models
* Weekly recipes
* Cooking Classes
* Cardiac Rehab Cookbook with analysis of recipes
* Heart Healthy Plate Placemats
* CCRP Study/Certification Process
* Study manual prior to test, although RDNs are unable to receive CEUs at this time for manual review.
* Will be able to receive CEU credits if you attend available workshops/webinars.
* Looking Ahead
* The AACVPR Meeting is on Sept 12-15, 2018 in Louisville, KY. Expecting 5 sessions related to nutrition.