

Objectives

At the completion of this conference, the successful learner will know and understand:

- HF management from prevention to palliation and the opportunities and challenges the HF patient in Cardiac Rehab may face;
- The 2018 Gold Standards for COPD, diagnosis and treatment;
- The major valve disorders affecting adults;
- The prevalence, pathophysiology, clinical implication/presentation, treatment options (current/traditional, transcatheter, and future/research) of each valve disorder;
- The current recommendations and best practice in Cardiac and Pulmonary Rehab including 2018 changes in outcomes, documentation and certification requirements;
- Exercise progression and problem oriented exercise management for the Cardiopulmonary Disease patient;
- Guidelines for exercise testing and assessment of cardiopulmonary patients.;
- The 5 metabolic phenotypes in pulmonary disease.
- What tools are needed for nutrition assessment, indications for intervention, and location of resources for further information;
- How to describe common impediments upon healthy eating behavior, food patterns, and behavioral recommendations for improvement;
- The distinct classifications of pulmonary hypertension (PH), risk factors and current treatment options.

Continuing Education Credits

10 CEU's from AACVPR & AARC will be awarded at the completion of the conference. The planning committee members reported no relevant financial relationships to disclose.

Agenda

Saturday, April 28, 2018

7:00-7:45 am Registration and light breakfast / refreshments available

7:45-8:00 am Opening Remarks

8:00-9:00 am Pearls and Pitfalls for Heart Failure Patients in Cardiac Rehab

Roberta C. Bogaev, MD, FACC, FACP & Linda Hart DNP, RN, ACNP-BC, AACC

9:00-10:00 am GOLD 2018 - the A,B,C,D of COPD

James P. Lamberti, MD, Pulmonologist

10:00- 10:45 am Visit the Vendors and Posters

10:45-11:45 am Adult Structural Heart Disease: What is it? Who gets it? Why is it a problem? When is it a problem? How are we going to fix it?

Lindsey P. Guirgues, MSN, ACNP

11:45-12:15 pm Business Meeting

12:15-1:30 pm Lunch

1:30 - 2:30 pm Medical Management of PAD- Effect of Exercise Training In Walking Ability in Patients with Intermittent Claudication PAD What is it? Therapy works!

Janardhan Srinivasan, MD, FACC

2:30-3:00 Visit Vendors and Posters

3:00-4:00 pm Cardiac Rehab Best Practice and Reimbursement Update

Pat Comoss, RN, BS, MAACVPR

4:00-5:00 pm Exercise Prescription and Management of Cardiopulmonary Disease Patients: A series of Case Studies

Ed Stumpf, MS, CEP

Reception to follow today's conference! Saturday evening. Come as your favorite Superhero! Award for best attire, so dress up! Sponsored by Jim Laite & Pat Trombetta w/ ScottCare!!

Register Online or By Mail:

Online: Please visit www.vacvpr.com to register!

By Mail: Please complete registration form and mail in with payment!

Sunday, April 29, 2018

7:00-7:45 am Light breakfast refreshments

7:45-8:00 am **Welcome and Announcements**

8:00-9:00 am Cardiac Rehab ITP and Staff Education

Pat Comoss, RN, BS, MAACVPR

9:00-10:00 am Pulmonary Rehab Best Practice and Reimbursement Update

Gerilynn Connors BS, RRT, MAACVPR, FAARC

10:00-10:30 am Break / Visit Vendors

10:30-11:30 am Pulmonary Hypertension

Shilpa Johri, MD, FCCP

Keynote Speaker from AACVPR:

11:30-12:30 pm Nutrition in Pulmonary Rehab:

A New Look: Evaluation and Implementation

Ellen Aberegg, MA, LD, RDN, FAACVPR

12:30pm Wrap-up, raffle and CEU's

Accommodations

The VACVPR has reserved a block of rooms for your stay at the Richmond Marriott - 500 East Broad Street, Richmond VA 23219.

Call the hotel at 1-804-643-3400 or toll free 1-800-228-9290 please say you are with the "VACVPR Seminar arriving on April 27th" to get the group rate of \$149 /night. Rooms are limited and reservations must be made by April 6, 2018 to get the group rate. You must make your own reservation and cost is not included in the conference.

PARKING: Parking in the adjacent garage is \$18/night, or overnight valet for \$27. Day parking is \$4/hour with a \$17 maximum or day valet for \$25.

Poster Sessions

Take advantage of an opportunity to share research or a clinical aspect of your program! For each approved poster presentation, one person will receive a free registration to the conference. Deadline for submission is April 6, 2018. Email Mary Ellen Priddy at mary.priddy@rivhs.com for any questions or to submit your presentation.

This is a non-Refundable Conference

Name: _____
Hospital/Organization: _____
Address: _____
Day Phone: _____ e-mail: _____

Early Registration

Member \$ 130
*Non-Member \$ 190
Student \$ 65

Postmarked after 4/15/2018

Member \$ 160
*Non-Member \$ 220
Student \$ 75

Return with check payable to VACVPR

Mary Beth Winney
114 Sunny Field Rd
Wirtz, VA 24184

You can now register Online at:
www.vacvpr.com

The VACVPR shares names and contact information to conference vendors.



April 28-29, 2018

Richmond, VA

**31st Annual
Conference**

April 28-29, 2018

The Richmond Marriott



The Richmond Marriott
500 East Broad Street
Richmond VA 23129