
SC Association of
Cardiovascular & Pulmonary
Rehabilitation



PLATINUM SPONSOR



Dedicated to improving lives

30th ANNUAL SYMPOSIUM

April 13-14, 2018

Hilton Columbia Center

Columbia, South Carolina

Friday, April 13, 2018

10:00 AM - 5:00 PM	Registration
10:00 AM - 11:00 AM	Board of Directors Meeting (Board members only)
12:30 PM - 5:30 PM	Symposium
12:30-1:00	Opening Remarks and Awards Presentation Michele Parr, MS, CCEP, President SCACVPR
1:00-2:00	Things to Know Regarding Pulmonary Rehabilitation of a Patient With Cystic Fibrosis Jennifer Hucks, MD
2:00-2:30	Exercising With PAD Drew Hamer, BS, CCRP
2:30-3:00	Coffee Break & Visit Exhibit Hall

PROGRAM MANAGEMENT TRACK

3:00-3:30	AACVPR Program Certification: Striving for Excellence Mark Stout, MS, CCRP, FAACVPR
3:40-4:10	What is Value Based Purchasing All About? Robert Brown, MBA, MPH, FMFA, FACCVPR
4:20-4:40	Establishing and Maintaining Staff Competencies David Collins, MS, FSCCT

CLINICAL TRACK

3:00-3:30	Oxygen Titration and Saturation Scott Simms, RRT, RCP, BHA
3:40-4:10	Postural Orthostatic Tachycardia Syndrome (POTS) in the Setting of Cardiac Rehab Mark Clair, MS, RN, FAACVPR
4:20-4:50	Reimbursement of Education Services in Cardiac Rehabilitation Mark D. Senn, PhD, FAACVPR
4:50-5:30	Visit exhibits
5:30-7:00	Reception <u>Sponsored by LSI</u>

FACULTY

Robert Brown, MBA, MPH, FMFA, FAACVPR
Director - Outpatient Cardiology Services
Spartanburg Medical Center
Spartanburg, SC

Mark J. Clair, MS, RN
Program Director/Exercise Physiologist
Cardiac Rehabilitation/Heart Disease Prevention
Medical University of South Carolina
Charleston, SC

David Collins, MS, FSCCT
Manager, HeartLife Program
Greenville Health Systems
Greenville, SC

Drew Hammer, BS, CCRP
Exercise Specialist
Providence Health
Columbia, SC

Jennifer Hucks, MD
Assistant Professor
University of South Carolina School of Medicine
Department of Internal Medicine, Division of
Pulmonary and Critical Care Medicine
Columbia, SC

Carl N. King, EdD, FAACVPR
President and CEO
Cardiovascular Consulting
Hickory, NC

Christina L. McCaw, RN, BSN
Nurse Educator for the Heart Failure Accountable
Care Unit
Palmetto Health Heart Hospital
Columbia, SC

L. Garrison Morgan, MD
Internist/Interventional Cardiologist
Providence Heart
Columbia, SC

Mark Douglas Senn, PhD, MAACVPR
Independent Consultant
Beaufort, SC

Eva R. Serber, PhD
Associate Professor
Dept. of Psychiatry and Behavioral Sciences
Medical University of South Carolina
Charleston, SC

Scott Norman Simms, RRT, RCP, BHA
Respiratory Therapist, COPD Navigator
Palmetto Health Richland
Columbia, SC

Mark Stout, MS, CCRP, FAACVPR
Program Supervisor Cardiac and Vascular
Rehabilitation
Lexington Medical Heart Center
Irmo, SC

Saturday, April 14, 2018

7:00-8:00	Breakfast and Visit Exhibits
7:00-12:30	Registration and Evaluations
8:00 AM - 12:30 PM	Symposium
8:00-9:00	Updates in Heart Failure Patient Management Guidelines Christina L. McCaw, RN, BSN
9:00-10:00	Innovations in Structural Heart Disease; Improvements in Patient Recovery L. Garrison Morgan, MD
10:00-10:15	Break and visit exhibits
10:15-11:15	Interval Training in Cardiac and Pulmonary Rehabilitation Carl N. King, EdD, FAACVPR
11:15-12:15	Anxiety in Your Cardiac Rehabilitation Patients With and Without Devices-Identification, Assessment, and Management Eva R. Serber, PhD
12:15-12:30	Program Evaluation & Door Prize Drawings

CONTINUING EDUCATION CREDITS

This activity has been planned and implemented by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) for the advancement of patient care.

This course has been approved by the Professional Education Committee of the American Association of Cardiovascular and Pulmonary Rehabilitation for a maximum of 7.0 AACVPR Continuing Education Credits.

The 2018 South Carolina Association of Cardiovascular and Pulmonary Rehabilitation's Scientific Symposium is designed for exercise physiologists, dietitians, nurses, respiratory therapists, physical therapists, social workers, and patient educators.

The South Carolina Association of Cardiovascular and Pulmonary Rehabilitation reserves the right to modify speakers, topics, and learning objectives.

The South Carolina Association of Cardiovascular and Pulmonary Rehabilitation will gladly assist registrants with special needs. Please make requests in writing on or before March 16, 2018.

REGISTRATION

30th Annual Symposium
April 13-14, 2018

First Name

Last Name

Nickname

Address

City State Zip

Office Phone Number

Email Address

Program Affiliation

Registration Fee

- \$100 Individuals (**Early Registration – Payment and registration form must be received by March 1, 2018**)
- \$125 Individuals - **Payment and registration form must be received between March 1, 2018-March 31, 2018**)
- \$150 Individuals (**After March 31, 2018**)
- \$10 Students

Amount Enclosed

Registration Online

Go online to register by credit card
<http://www.scacvpr.org/scacvpr-annual-symposium/>
(Please note online registration will close March 31, 2018.)

Or make check payable to SC Association of Cardiovascular and Pulmonary Rehabilitation and mail with registration form to: SCACVPR, PO Box 11188, Columbia, SC 29211
Attention: Debbie Shealy

For more information, contact Debbie Shealy at (803) 798-6207, ext. 223

Learning Objectives

Things to Know Regarding Pulmonary Rehabilitation of a Patient with Cystic Fibrosis

Develop a basic understanding of the current state of care for the cystic fibrosis patient.

Understand the specific goals of pulmonary rehabilitation for the patient with cystic fibrosis.

Learn to identify and to deal with issues that may be unique to patients with cystic fibrosis undergoing pulmonary rehabilitation.

Exercising With PAD

Identify disease processes, risk factors, symptomology and assessment for PAD.

Review current medical guidelines and exercise prescription for disease treatment.

AACVPR Program Certification: Striving for Excellence

Review the current requirements and process to prepare for AACVPR Program Certification.

Review the key components of program certification including the ITP, staff competencies, medical emergencies and the new AACVPR Performance Measures.

What is Value Based Purchasing All About?

Understand VBP and how it affects healthcare.

Understand how Cardiac Rehab and Pulmonary Rehab can help VBP in your organization

Establishing and Maintaining Staff Competencies

Identify the core competencies of a Cardiac Rehab professional.

Identify a strategy for initial competency assessment.

Understand AACVPR CCRP credential benefit in meeting competency.

Oxygen Titration and Saturation

Assess a patient's cardiorespiratory status across the continuum of care and recognize hypoxemia in different clinical settings.

Apply different oxygen source and delivery systems while recognizing the clinical indication for each.

Understand the physiological principles associated with pulse oximetry and oxygen saturation.

Postural Orthostatic Tachycardia Syndrome (POTS) In the Setting of Cardiac Rehab

Discuss the benefits of exercise for the patient with POTS.

Write an exercise prescription for patients with POTS.

Reimbursement of Education Services in Cardiac Rehabilitation

Understand what education services can be reimbursed.

Understand the requirements for reimbursement.

Understand how to document for reimbursement.

Updates in Heart Failure Patient Management Guidelines

Define the difference between systolic and diastolic heart failure.

Describe the updated patient management guidelines for heart failure as related to medications and interventions.

Identify the three heart failure phenotypes.

Discuss disease prevention strategies for heart failure.

Innovations in Structural Heart Disease; Improvements in Patient Recovery

Outline the new advances in treating valvular and structural heart disease and differences patients will have in recovery and rehabilitation times due to the minimally invasive nature of the procedures.

Interval Training in Cardiac and Pulmonary Rehabilitation

Define the basic concept of interval training.

Describe the energy producing metabolic pathways in different types of interval training.

Develop an interval training program using the SEE principles.

Anxiety in Your Cardiac Rehabilitation Patients with and Without Devices – Identification, Assessment, and Management

Explain the prevalence of anxiety in cardiac patients engaged in CR.

Assess anxiety in your CR patients by recognizing symptom presentation.

Evaluate and provide intervention to your CR patients facilitating reduction of levels of anxiety.

SC Association of
Cardiovascular & Pulmonary
Rehabilitation



PO Box 11188
Columbia SC 29211

30th Annual Symposium
SC Association of Cardiovascular and
Pulmonary Rehabilitation
April 13-14, 2018
Columbia, South Carolina



HOTEL ACCOMMODATIONS

924 Senate Street
Columbia, SC

Hotel Room Rates \$132/ night (plus tax) Single/Double
You can make your hotel reservations for the 2018 Annual Symposium now. You can call 803-744-7800 (be sure to mention the South Carolina Cardiac and Pulmonary Association room block with the discounted rate) or visit the link below:

http://www.hilton.com/en/hi/groups/personalized/C/CAECCHF-ACPR-20180412/index.jhtml?WT.mc_id=POG

CONVENTION RATE

Any rooms left in our block will be released
March 12, 2018. **MAKE YOUR RESERVATIONS
EARLY TO ENSURE A ROOM AT THE
Hilton Columbia Center.**

RAFFLE AND SILENT AUCTION

This year we will have our raffle during the Annual Symposium along with a silent auction. There will be many prizes, so have some fun and participate. All of the proceeds will go to the South Carolina Association of Cardiovascular and Pulmonary Rehabilitation's Annual Symposium.