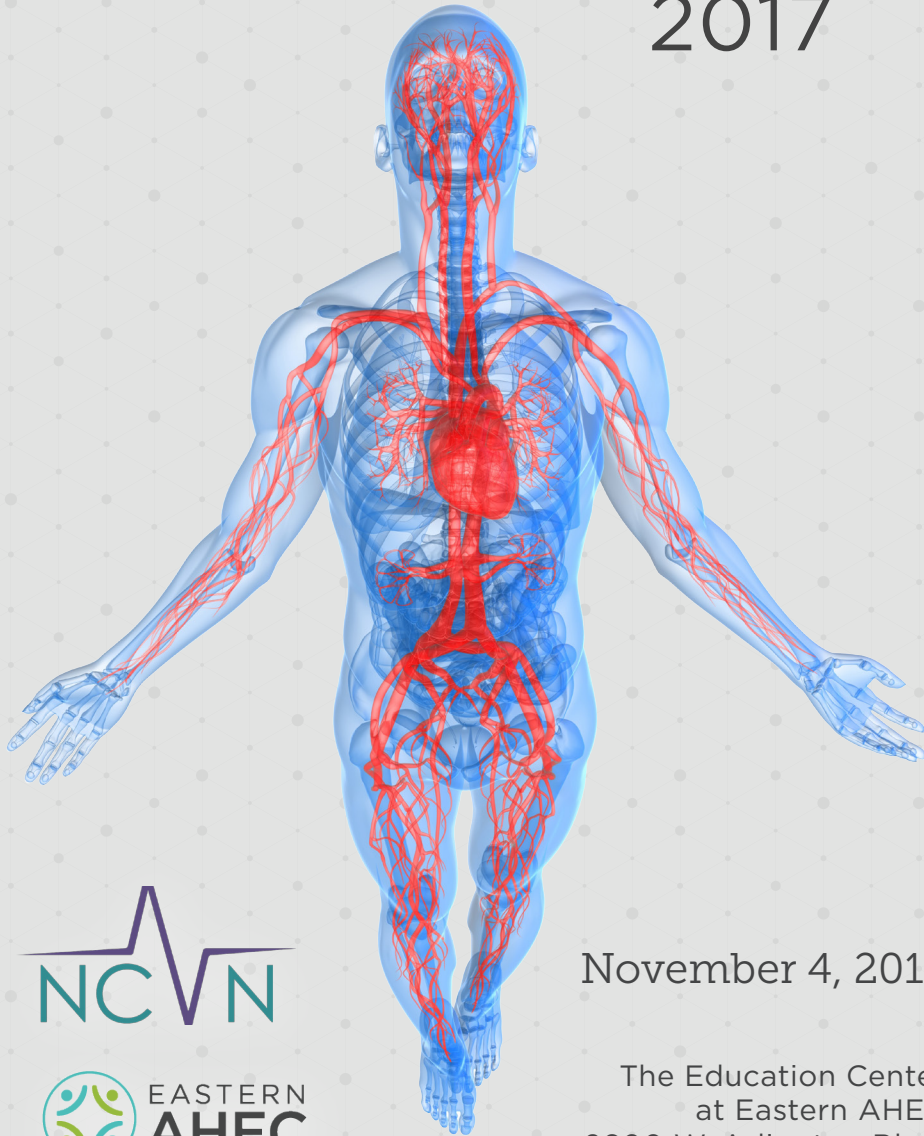


# NC VASCULAR NURSES CONFERENCE 2017



November 4, 2017

The Education Center  
at Eastern AHEC  
2600 W. Arlington Blvd.  
Greenville, NC

Jointly provided by the North Carolina Vascular Nurses Association and the Eastern AHEC Department of Nursing and Allied Health Education

## Program Overview

This conference will enable nurses, vascular technologists, and other health care professionals to update their knowledge of current advances, therapies and evidence-based practices pertinent to improve clinical practice and ultimately patient outcomes of patients with vascular disease.

## Target Audience

- Registered nurses
- Radiologic technologists
- Other interested healthcare professionals

## Objectives

### **Atherosclerotic Peripheral Arterial Disease (APAD), Fighting an Old Disease with a New Approach**

- Define Atherosclerotic Peripheral Arterial Disease (APAD)
- Recognize the arteries potentially involved in APAD
- Discuss the importance of risk factor management and lifestyle changes in APAD and the relationship to overall health improvement and potential cost savings
- Discuss why an invasive interventional procedure is usually not first line therapy for patients with APAD
- Describe the potential impact of supervised exercise therapy in patients with aortic and lower extremity atherosclerosis producing claudication symptoms

### **Precise and Personalized Medicine in Vascular Disease - Combining Basic Science and Clinical Medicine to Improve Outcomes in Eastern NC**

- Discuss the role of genetic research in prevention and treatment of peripheral artery disease (PAD)
- Describe the impact of combined research science and medicine in improving health outcomes for the vascular patient in Eastern NC

### **Go with the Flow - Therapeutic Updates in Anticoagulation for Venous Thromboembolism (VTE)**

- Analyze patient case scenarios to determine most appropriate anticoagulant strategy and duration of selected therapy

### **Amputation Pain After Surgery**

- Discuss types of pain the post-amputation patient experiences after surgery
- Describe methods of controlling pain in the amputation patient and why it is important

### **Vascular Emergencies**

- Understand Pathology and Presenting Symptoms of Dissections
- Identify signs and symptoms of Ruptured Aneurysm
- Discuss Acute Vascular Occlusion Signs and Symptoms

### **Vascular Rehab and Lifestyle Changes**

- Review the general goals, methods and challenges of vascular rehab

# Agenda

- 7:30-8:30 **Business Meeting**
- 8:30-9:00 **Registration**
- 9:00-9:15 **Welcome and Program Overview**
- 9:15-10:15 **Atherosclerotic Peripheral Arterial Disease (APAD), Fighting an Old Disease with a New Approach**  
C. Steven Powell, MD, FACS
- 10:15-10:30 **Break**
- 10:30 – 11:15 **Precise and Personalized Medicine in Vascular Disease - Combining Basic Science and Clinical Medicine to Improve Outcomes in Eastern NC**  
Dean J. Yamaguchi, MD and Joseph McClung, PhD
- 11:15 – 12:00 **Go with the Flow - Therapeutic Updates in Anticoagulation for Venous Thromboembolism (VTE)**  
Robert Tunney, PharmD. RPh, BCPS
- 12:00 – 1:00 **Lunch**
- 1:00 – 2:00 **Amputation Pain After Surgery**  
Carolyn Horne, PhD, MSN, RN
- 2:00 – 3:00 **Vascular Emergencies**  
Kathryn Sheets Boulineau, MS, PA-C
- 3:00 – 3:15 **Break**
- 3:15 – 4:15 **Vascular Rehab and Lifestyle Changes**  
Stacey Greenway, MA, FAACVPR
- 4:15 – 4:30 **Summary & Evaluation**
- 4:30 **Adjourn**

# Faculty

- C. Steven Powell, MD, FACS**  
Professor and Chief, Division of Vascular Surgery  
East Carolina Heart Institute at ECU
- Dean J. Yamaguchi, MD**  
Assistant Professor, Division of Vascular Surgery  
East Carolina Heart Institute at ECU
- Joseph McClung, PhD**  
Assistant Professor  
Department of Physiology  
ECU Brody School of Medicine
- Kathryn Sheets Boulineau, MS, PA-C**  
Physician Assistant  
Division of Vascular Surgery  
East Carolina Heart Institute at ECU
- Robert Tunney, PharmD, RPh, BCPS**  
Heart Failure Clinical Specialist East Carolina Heart Institute  
Vidant Medical Center
- Carolyn Horne, PhD, MSN, RN**  
Assistant Professor  
Department of Nursing Science  
ECU College of Nursing
- Stacey Greenway, MA, FAACVPR**  
Director of CV Disease Management programs  
Cardiovascular & Pulmonary Rehabilitation  
Vidant Medical Center
- Planning Committee**
- Jessica Decker, MBA, BSN, RN-BC**  
Nurse Manager, Vidant Medical Center
- Jennifer Kravitz, RN, RN II**  
Vidant Medical Center
- Heather Smith, BSN, RN-BC, RN**  
Vidant Medical Center
- Mary Wilson, PhD, MSN, RN**  
Assistant Director, Nursing and Allied Health Education,  
Eastern Area Health Education Center

# Credit

## Nurses - 6.0 CNE Hours

Eastern AHEC Department of Nursing and Allied Health Education is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Radiologic Technologists - 7.0 Approved by the ASRT for Category A continuing education credit.

Other Professionals - 6.0 Eastern AHEC Contact Hours

Attendance of the entire program is required before credit is awarded. Participation will be verified by check in at the start of the program and initial out at the programs conclusion.

Certificates will be awarded after the participant completes the evaluation.

# Registration Information

Online registration is available at [www.easternahec.net](http://www.easternahec.net).

**Received by October 28, 2017** . . . . . \$80.00

**Received after October 28, 2017** . . . . . \$95.00

The registration fee includes all program materials, credit, breakfast, lunch and refreshments.

SPACE IS LIMITED AND EARLY REGISTRATION IS ADVISED.

## Handouts

Handouts will be available online only. A link to the location where you can view or print the handouts will be sent with your confirmation email one week before the program. Please make sure that we have an email address where your confirmation and link to the handouts should be sent.

# Eastern AHEC Cancellation Policy

- To be eligible for a refund, cancellations MUST be emailed to [easternahec@ecu.edu](mailto:easternahec@ecu.edu) at least one week in advance of the activity.
- No refunds will be given for cancellations less than one week prior to the activity.
- For continuing professional development activities canceled more than one week prior to the activity:
  - A \$35.00 fee will be deducted from the refund, OR
  - The registrant may elect to apply the full amount toward a future Eastern AHEC continuing professional development activity being held with one year, OR
  - Substitutions are welcome; advance notification encouraged

If you would like more information on the program, please call the Department of Nursing and Allied Health Education at (252) 744-3087.

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.

# Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737- 1016 (V/TTY) at least five business days prior to the program.